

Medical Requirements

- 1) A complete physical *prior to* the weigh-in. The physical must be documented and preferably from the contestant's personal doctor. The physical must have been performed within the past 12 months to be considered valid. The physical is in addition to the pre-bout physical performed at the weigh-in.

- 2) A *dilated* eye exam. A regular eye-chart exam will not be accepted, make sure the eye doctor knows that a dilated eye exam is required. The eye exam must be performed within the past 12 months to be considered valid.

- 3) A blood test indicating negative results for HIV, Hepatitis B antigen and Hepatitis C antibody. The blood test must be performed within the past 6 months to be considered valid.